

Jamea J. Sale, PH.D.

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EDUCATION:

Education:

The University of Kansas, Lawrence, Kansas	Ph.D. Music Education Vocal/Choral Pedagogy	2022
The University of Kansas, Lawrence, Kansas	M.M.E. Music Education Vocal/Choral Pedagogy	2012
Kansas State University, Manhattan, Kansas	B.M.E. Music Education K-12 Vocal/Instrumental	1987

Education: Certifications

Voice Care Network Certification	2010
St. John's University, Collegeville, Minnesota	2011
	2016
Musikgarten Certification	1999

PROFESSIONAL EXPERIENCE

Professional Experience: University

2020-2022	Graduate Teaching Assistant in Music Education and Music Therapy The University of Kansas; Lawrence, Kansas Instructor of Record: MEMT 117 – Introduction to Voice MEMT 231 – Choral Methods: Performance Clinic MEMT 331 – Choral Methods: Rehearsal and Methods Clinic CHAM/MEMT 351 – Choral Methods: Advanced Choral Methods Clinic MEMT 408 – Vocal Pedagogy MEMT 450 – Choral Pedagogy MEMT 864 – Adolescent Changing Voices
2019-2020	Graduate Teaching Assistant in Speech, Language and Hearing The University of Kansas; Lawrence, Kansas Instructor of Record:

Professional Experience: Non-Profit Leadership

2018-Present	Director of The Institute for Healthy Singing & Voice Research (previously Institute for Healthy Singing) The Choral Foundation; Roeland Park, Kansas
2017-Present	Executive Associate Music Director The Choral Foundation; Roeland Park, Kansas
2016-2018	Education Director of the Institute for Healthy Singing The Choral Foundation; Roeland Park, Kansas
2012-2020	Assistant Choral Director and Voice Specialist Allegro Choirs of Kansas City; Bonner Springs, Kansas
2011-2016	Choral Assistant, William Baker Festival Singers of Kansas City Roeland Park, Kansas

Professional Experience: Private Teaching

2011-Present	JameaSale.com, Private Voice Studio Overland Park, Kansas; Roeland Park, Kansas
1999-2005	Director My Music Time: Birth to 6 Early Childhood Music Group Lessons Olathe & Prairie Village, Kansas

Professional Experience: Church Music

2021-Present	Associate Music Choral Director, St. Paul's Episcopal Church Lee's Summit, Missouri
2012-2016	Associate Choral Director, The Cathedral Chorale, Grace & Holy Trinity Episcopal Cathedral Kansas City, Missouri
1999-2002	Early Childhood Music Teacher and Teacher Trainer Asbury United Methodist Church, Prairie Village, Kansas

Professional Experience: School Music

2009-2012	Saint James Academy High School, Interim & Assistant Choral Director Lenexa, Kansas
2008-2011	Olathe School District 233, Substitute Vocal Music Teacher Vocal and Instrumental Music PreK-12 Short & Long-Term Teaching Appointments

1988-1989 Manhattan, Junction City, and Fort Riley, Substitute Teacher
Vocal and Instrumental Music PreK-12

Other Professional Experience

2010-2012 Student Intern, William Baker Festival Singers of Kansas City
Roeland Park, Kansas

2005-2012 Allegro Choirs of Kansas City, Volunteer Staff
Bonner Springs, Kansas

2007-2008 Assistant to Choral Director, Brougham Elementary School Choir
Olathe, Kansas

PRESENTATIONS

Presentations: International

Sale, J.J. (2024). *Advancing the Personal Voice in a Community Chorus Setting: Building Sustainable Voices*.
2024 International Society of Music Education World Conference, Helsinki, Finland

Presentations: National

Sale, J.J. (2024). *Steps Toward Validation of the Female Adolescent Voice Change Singing Status Index (FAVC-SSI): A Blueprint for Healthy Singing During a Female's Lifespan*.
2024 Biennial National Association for Music Education Music Research and Teacher Education Conference

Elsner, C. & Sale, J.J. (2019, February). *How to Talk to a Girl: Updated Research and Innovative Rehearsal Techniques for Young Women Ages 10-18 (Two Sessions)*.
ACDA National Conference Interest Session

RESEARCH IN PROGRESS

Sale, J.J. *Mass Validation of the Female Adolescent Voice Change Singing Status Index (FAVC-SSI)*

Sale, J.J., Grady, M., Elsner, C. *Best Practices for SOVT (Semi-occluded Vocal Tract) Voice Therapy Exercises and the FAVC (Female Adolescent Voice Change) Singer*.

Sale, J.J., Brumberg, J. *Development of Vibrato Among Female Adolescent Voice Change (FAVC) Singers*

Sale, J.J. & Swanson, L., Grady, M.L. *A Longitudinal Examination of Adolescent Female Voice Change Among Singers in the USA and China*.

INVITED LECTURE

Sale, J.J. (2023, November). ChoralEd YouTube Channel. *Episode 31: The Female Changing Voice*.

Sale, J.J., Freeman, C. (2022, March). Teacher Inservice. *Physiology of the Voice*.
Blue Valley School District.

Sale, J.J. (2021, September). *The Female Adolescent Voice Change*.
The University of Kansas Vocal/Choral Pedagogy Class, Lawrence, Kansas

Sale, J.J. (2019, June). *The Female Adolescent Voice Change*.
The University of Kansas Contemporary Topics in Music Education, Lawrence, Kansas

Sale, J.J. (2018, November). *Understanding the Adolescent Musician: Female Adolescent Changing Voices*
Vandercook College of Music Online Class 7548

Sale, J.J. (2018, May). *Your Changing Voice. Building the FAVC Research Line*.
Allegro Choirs of Kansas City, Bonner Springs, Kansas

Sale, J.J. (2018, March). *Understanding the Adolescent Musician: Girls' Changing Voices*.
Vandercook College of Music Online Class 7548

Sale, J.J. (2017, January). *Understanding the Female Adolescent Voice Change for Singers and their Parents*.
Allegro Choirs of Kansas City, Bonner Springs, Kansas

INVITED CLINICIAN AND WORKSHOPS

Sale, J.J., Williams, N. (2024, February). *Music Theory and Lesson Plans for Beginning Teachers: 3-Week Immersion*
Kapkemich, Kenya, Africa

Sale, J.J., Williams, N. (2024, February). *High School Choir Vocal-Choral Principals: St. Anne's High School Girls Choir 3-Week Immersion*
Kapkemich, Kenya, Africa

Sale, J.J. (2024, June-July). *Advancing the Personal Voice Weekly Modules and Private Training*.
Summer Singers of Kansas City, Kansas City, Missouri

Sale, J.J. (2024, May). *The Lifetime Female Singing Voice: Online Presentation for VOCO-Vocology for Singers*.
Cambridge, Massachusetts

Sale, J.J. (2024, January). *Winter Workshop: Vox Venti*
Chicago, Illinois

- Sale, J.J., Freeman, C., Williams, N. (2024, January). *Winter Workshop: William Baker Festival Singers*.
Roeland Park, Kansas
- Sale, J.J., Williams, N. (2024, February). *Introduction to Music Theory for Beginning Teachers: 3-Week Immersion*
Kapkemich, Kenya, Africa
- Sale, J.J., Williams, N. (2024, February). *High School Choir Vocal-Choral Principals: St. Anne's High School Girls Choir 3-Week Immersion*
Kapkemich, Kenya, Africa
- Sale, J.J., Williams, N. (2024, February). *Healthy Voice Use in the Classroom and Beyond*.
Kapkemich, Kenya, Africa
- Sale, J.J. (2023, November). *Benefit Concert: Kenya Music Outreach*
Liberty, Missouri
- Sale, J.J. (2023, October). *Pre-Concert Prep*.
New South Festival Singers, Atlanta, Georgia
- Sale, J.J. (2023, October). *Episcopal Central Deanery: All-District Choir Workshop*.
Lee's Summit, Missouri
- Sale, J.J. (2023, October). *Winter Workshop: Second Baptist Church of Liberty Parish Choir Workshop*.
Liberty, Missouri
- Sale, J.J., Freeman, C. (2023, September). *Fall Workshop: William Baker Festival Singers*.
Roeland Park, Kansas
- Sale, J.J., Williams, N. (2023, September). *North Kansas City School District HS and MS Teacher's Inservice: Healthy Voice*.
North Kansas City, Kansas
- Sale, J.J. (2023, September). *Diction and Vocal Health Bootcamp*.
William Baker Festival Singers, Roeland Park, Kansas
- Sale, J.J., Baker, W., Freeman, C. (2023-24 Choral Season). *Advanced Choral Pedagogy: Student Intern Mentoring*.
Roeland Park, Kansas
- Sale, J.J., Freeman, C., Williams, N. (2023, March). *Introduction to Basic Music Theory for Beginning Teachers: 3-Week Immersion*
Kapkemich, Kenya, Africa

- Sale, J.J., Freeman, C, Williams, N. (2023, March). *High School Choir Basic Vocal-Choral Principals: St. Anne's High School Girls Choir 3-Week Immersion*
Kapkemich, Kenya, Africa
- Sale, J.J., Baker, W., Freeman, C. (2022-23 Choral Season). *Advanced Choral Pedagogy: Student Intern Mentoring*.
Roeland Park, Kansas
- Sale, J.J. (2022, September). *Vocal Health and Diction Bootcamp*.
New South Festival Singers, Atlanta, Georgia
- Sale, J.J. (2022, September). *Grace Episcopal Church Parish Choir 2-Day Retreat*.
Atlanta, Georgia
- Sale, J.J., Baker, W. (2022, September). *Middle School Voice Change*.
St. Borromeo Catholic School, Kansas City, Missouri
- Sale, J.J. (2022, August). *Female Adolescent Voice Change*.
Allegro Choirs of Kansas City, Bonner Springs, Kansas.
- Sale, J.J. (2022, August). *Individual Voice Assessments*.
Roeland Park, Kansas.
- Sale, J.J. (2022, May). *Spring Hill Madrigals Adjudication and Clinic*.
Spring Hill, Kansas.
- Sale, J.J. (2022, March). *Olathe Middle School District Choir Festival Adjudication and Clinic*.
Olathe, Kansas.
- Sale, J.J. (2021, October). *Choir Building and Voice Conditioning*.
New South Festival Singers, Atlanta, Georgia
- Sale, J.J., Zimmerman, P. (2021, September). *Singing in the Golden Years*.
Online National Masterclass.
- Sale, J.J. (2021, September). *Healthy Singing and Choral Diction Bootcamp*.
William Baker Festival Singers, Roeland Park, Kansas
- Sale, J.J., Williams, N. (2021, September). *Healthy Singing and Choral Diction Bootcamp*.
William Baker Festival Singers, Roeland Park, Kansas
- Sale, J.J. (2021, June). *Voice Science Workshop: Answering Your Questions*.
Summer Singers of Kansas City, Kansas City, Missouri
- Sale, J.J. (2021, May). *Efficiency in Singing*.
New South Festival Singers, Atlanta, Georgia

- Sale, J.J., Williams, N. (2021, May). *Conditioning (or Reconditioning) Your Voice*.
Online National Masterclass.
- Sale, J.J., Schmidt, A. (2021, April) *Strong Voices. Strong Kids*.
Leawood Middle School, Leawood, Kansas.
- Sale, J.J., Schmidt, A. (2021, April) *Finding Your Voice in the Choir*.
Online National Masterclass
- Sale, J.J. (2021, March) *Choir Building Through Voice Science*.
New South Festival Singers, Atlanta, Georgia
- Sale, J.J., Freeman, C., Schmidt, A., Elsner, C. (2020, June- July). *Online International Summer Choral Masterclass*.
Eighteen States in the US, Canada, Indonesia, and Singapore
- Sale, J.J. (2020, March). *Olathe School District Middle School Choir Festival Adjudication and Clinic*.
Olathe, Kansas
- Sale, J.J., Elsner, C. (2020, January). *Girl Power! Female Adolescent Changing Voice Singer and Teacher Workshop*
All Kansas City FAVC Teachers and Singers Clinic, Kansas City, Missouri
- Sale, J.J. (2019, November). *Choir Building through Healthy Singing*.
New South Festival Singers, Atlanta, Georgia
- Sale, J.J. (2019, August). *Health of the Voice Artist Midwest Regional Symposium*
University of Kansas, Lawrence, Kansas
- Sale, J.J. (2018, September). *Choral Training and Clinic for MS Changing Voice Singers*
Leawood Middle School, Leawood, Kansas
- Sale, J.J. (2018, November). *Adolescent Female Changing Voice Clinic*.
Olathe All-District Treble Choir Festival, Olathe, Kansas
- Sale, J.J. (2018, August). *Sing for a Lifetime*.
Bonner Springs UMC, Bonner Springs, Kansas
- Sale, J.J. (2018, July). *Voice Teacher Insider Tips*.
Summer Singers of Kansas City, Kansas City, Missouri
- Sale, J.J. (2018, June). *Institute for Healthy Singing 2-Day Workshop: Renew and Refresh Your Voice*.
Summer Singers of Atlanta, Georgia
- Sale, J.J. (2018, May). *Your Changing Voice*.
Frontier Middle School Girls Choirs, Olathe, Kansas

- Sale, J.J. (2018, March). *Middle School Choir Clinic: T/B, Treble, and Mixed Voices*.
Santa Fe Trail Middle School, Olathe, Kansas
- Sale, J.J. (2018, April). *Choir Clinic: Mixed Voice, T/B Choir and Treble Choir*
Leawood Middle School, Leawood, Kansas
- Sale, J.J. (2018, April). *Choral Training for MS Changing Voice Singers and Choir Clinic*
First United Methodist Church, Excelsior Springs, Missouri
- Sale, J.J. (2017, August). *Sing for a Lifetime: Science-Based Singing*.
Summer Singers of Kansas City, Kansas City, Missouri
- Sale, J.J. (2017, November). *Caring for Your Changing Voice and SATB Choir Clinic*.
Beloit High School Select Choir, Beloit, Kansas
- Sale, J.J. (2017, July). *Voice Science, Adolescent Changing Voice, Diction and Acoustics*
Summer KC Honors Choral Institute, Bonner Springs, Kansas
- Sale, J.J. (2017, March). *Understanding Your Female Adolescent Changing Voice Presentation and Clinic*
St. Michael's Middle School Girls' Choir, Leawood, Kansas
- Sale, J.J., Elsner, C. (2017, January). *Girl Power! Female Adolescent Changing Voice*.
Area FAVC Clinic, Bonner Springs, Kansas
- Sale, J.J., Elsner, C. (2016, July). *Class Series: (1) Intro to Voice Science, (2) Your Adolescent, Changing Voice, (3) Intro to Acoustics and Diction*.
Kansas City Summer Choral Honors Institute, Bonner Springs, Kansas
- Sale, J.J. (2016, June). *Class Series: (1) Identifying Tensions or Vocal Faults (2) Posture Play: Balanced, Upright, and Buoyant! (3) Breathing for Singing; Breathing for Life*
Summer Singers of Kansas City, Kansas City, Missouri
- Sale, J.J. (2015, June). *Lifetime Voice Changes*
Kansas City, Kansas City, Missouri
- Sale, J.J., Swanson, L., Freeman, C. (2015, February). *Inservice Workshop: Voice Science and the Care of Your Voice*
North Kansas City School District, North Kansas City, Missouri

Leadership: Service

Performing Member:

2002-Present Performing Member, William Baker Festival Singers of Kansas City
Roeland Park, Kansas

2002-Present	Summer Singers of Kansas City Kansas City, Missouri
1983-1987	Performing Member, Kansas State University Concert Choir Manhattan, Kansas
1986	Paul Torkelson, DMA Candidate Chorus Kansas State University, Manhattan, Kansas
1983-1987	Tau Beta Sigma Honorary Band Sorority – President 1986
1983-1987	Performing Member, Kansas State University Marching Band Manhattan, Kansas

PROFESSIONAL MEMBERSHIPS

National Association for Music Education	Phi Kappa Phi
National Association of Teachers of Singing	American Choral Directors Association
The Voice Foundation	Voice Care Network
International Society of Music Education	